

# NOTES FOR BABYSITTER

**CONTACT:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

## ESSENTIALS FOR BABYSITTER :

Mom/Dad's Names: \_\_\_\_\_

Kid's Names/Ages: \_\_\_\_\_

\_\_\_\_\_

Home Address: \_\_\_\_\_

Allergies: \_\_\_\_\_

## EMERGENCY CONTACTS :

Police: \_\_\_\_\_

Fire: \_\_\_\_\_

Doctor: \_\_\_\_\_

Grandparents: \_\_\_\_\_

Neighbors: \_\_\_\_\_

## FOOD :

Breakfast Time: \_\_\_\_\_

Food Kids Will Eat: \_\_\_\_\_

Lunch Time: \_\_\_\_\_

Food Kids Will Eat: \_\_\_\_\_

Dinner Time: \_\_\_\_\_

Food Kids Will Eat: \_\_\_\_\_

Snack Time: \_\_\_\_\_

Food Kids Will Eat: \_\_\_\_\_

## SLEEP SCHEDULE :

Child's Name: \_\_\_\_\_

Nap Time: \_\_\_\_\_

Bedtime: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Nap Time: \_\_\_\_\_

Bedtime: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Nap Time: \_\_\_\_\_

Bedtime: \_\_\_\_\_

## DOWNTIME :

Kids Love these TV Shows: \_\_\_\_\_

\_\_\_\_\_

Kids Love these Books: \_\_\_\_\_

\_\_\_\_\_

Kids Love these Games: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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