

HOPE

IS CONTAGIOUS

*connect pack*

**3**

T H E M E

FIND THE SILVER LINING.

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This time in our lives is both unprecedented and uncertain. It may be hard to imagine right now, but we will experience some positive impact through all of this. We all will all tap into resources we didn't know we had. We will grow from this and our strength and resilience will grow accordingly.

*“I am not afraid of storms, for I am learning how to sail my ship.”*

—LOUISA MAY ALCOTT

Print and display the quote and explain to kids it's only when we are challenged that we have the opportunity to grow and become stronger. Kids as well as adults are stretching themselves in ways that could never have been predicted, but will emerge with new skills and strength for future use in life. Today's card can be colored and sent to someone who is currently working under stormy conditions like a teacher, first responder or even an employee at your local market. Kids can decide for themselves who might be in need of a little encouragement.



*I am not*  
AFRAID OF THE  
*storms.*  
FOR I AM  
*learning*  
TO SAIL MY OWN  
*ship*  
LOUISA MAY ALCOTT

**SEND SOME**  
*hope & cheer!*

It's time to get creative! Color in this greeting card, cut it out and write a special message inside to someone who could use some love and cheer. Need an idea of who could use this card? Take a look below for some suggestions:

- your grandparents
- your doctor or nurse
- a friend who lives far away
- the nursing home in town
- your teacher at school
- your church leader or counselor
- the local food pantry
- a friend you are missing



# Q & A

TIME TO LEARN MORE ABOUT YOUR FAMILY!  
START A DISCUSSION WITH A COMPELLING QUESTION AND PROMPT:

*What are the skills you are learning now that might help you later in life?*

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